The New Swing Voters

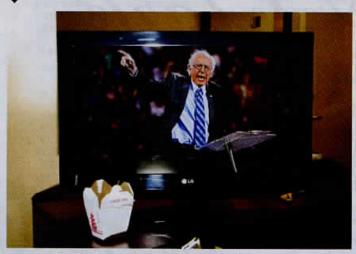
Downwardly mobile and mostly liberal, millennials could decide the 2016 election—if they vote

By Paul Taylor 34

Ouch! That Hurt

The GOP's wounded warriors stagger out of New Hampshire

By Alex Altman and Zeke J. Miller 42



Sanders' strength shows the power of young voters

Chilly Reception

Middle Eastern migrants brave the cold to reach a wary Europe Photographs by James Nachtwey 46

Cover Story

How to Be 100 Years Old

We're living longer than ever before. Can we also live better? TIME's special report takes you to the frontiers of longevity

The new age of aging By Laura L. Carstensen 60

Advances in treating Alzheimer's By Alice Park 64

Lessons from long-lived animals By Alexandra Sifferlin 74

Eat better, move more, stay positive By Alexandra Sifferlin 80

How to afford an extended old age By Dan Kadlec 92

Bubble Trouble

The world has never owed as much money as it does right now. Why that's a problem

By Rana Foroohar 94

Is There Life in Space?

New research suggests that life on Earth may be far less of an anomaly than we tend to think

By Jeffrey Kluger 104

On the cover:

Photograph by Hannah Whitaker for TIME

6 | From the Editor 8 | Verbatim

TheBrief

News from the U.S. and around the world

11 | Outsiders Bernie Sanders and Donald Trump win big in New Hampshire

12 | Campaign 2016; the most creative political ads of the season

13 | North Korea launches a satellite

14 I lan Bremmer on what Zika means for Brazil

15 | Farewell to singersongwriter Maurice White

16 | The war against ISIS is slow and steady

18 | A new way of seeing politicians

The View

Ideas, opinion, innovations

21 | Helping schoolkids get more sleep

23 | Robot Ilfeguards

23 | Zoolander 2 shows us what we've become

24 | Introducing Motto, TIME's new advice site for millennials

24 | President Obama on the world he wants for his daughters

26 | Nancy Jo Sales on the sexualization of teen girls

28 | Jorge Ramos on why Latinos aren't flocking to Ted Cruz or Marco Rubio

32 | Joe Klein on the better angels of the GOP's nature

TimeOff

What to watch, read, see and do

109 | Stephanie Zacharek on the Oscars

114 | Movies: The Witch, Deadpool

116 | Q&A with fashion's Tom Ford

120 | J. Lo does Vegas

121 | Rihanna does something different

122 | TV: Vinyl, Love

124 | Mona Awad's debut novel

124 | Quick Talk with comedian Grace Helbig

128 | Joel Stein on music and marriage

130 | 9 Questions with African-Americanstudies professor Eddie S. Glaude Jr.

> Lopez, page 120



TIME (ISSN 0040-781X) is published weekly, except for two combined issues in January and one combined issue in February, April, July, August, September and November by Time Inc. PRINCIPAL OFFICE: 225 Liberty Street, New York, NY 10281-1008. Periodicals postage paid at New York, NY and additional mailing offices, POSTMASTER: Send all UAA to CFS (See DMM 507.1.5.2); Non-Postal and Military Facilities: send address corrections to TIME Magazine, P.O. Box 62120, Tamps, FL 33662-2120. Canada Post Publications, Mail Agreement No. 40110178. Return underiverable Canadian addresses to: Postal Station A, P.O. Box 4232, Toronto, Ontario MSW 369, 651 No. 883836151R0001. O 2016 Time Inc. All rights reserved. Reproduction in whole or in part without written permission is prohibited. TIME and the Red Border Design are protected through trademark registration in the United States and in the foreign countries where TIME magazine circulates. U.S. Subscriptions: \$49 for one year. SUBSCRIBERS: If the Postal Service all active uses the provide updates to the card information we have on file. You may one of united solventy of the Complete Applications on the Complete Applications on the Complete Applications on the Complete Applications of the Complete Applications