THE READS

108

BY LISA SHIN.

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"We Lost 151 Pounds in 3 Weeks!"

Renew your weight-loss resolution with help from *The Digest Diet*. Inside: foods that help you release fat, success stories from our test team, and the myth-busting advice you need now. LIZ VACCARIELLO

- The Secret Language of Wood
 Writer Benjamin Busch left his rural home
 for the Marines and two tours in Iraq. But
 he never lost his love for the natural world.
 FROM DUST TO DUST
- Look Twice
 A different lens on our world.
- An Open Letter to the Guys Who Kicked the Soccer Ball over the Fence ...

... and made one woman's life miserable.

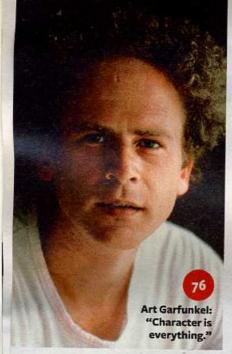
JEN CORDERY, FROM MCSWEENEYS.NET

- Cheer Up!
 Seventeen reasons it's a great time to be alive. FROM READER'S DIGEST U.K.
- Boy on a Bike
 Far from home, in a war-torn land, the
 writer met a child who had every reason to
 hate—and yet taught volumes about love.

 STEVE MADDEN

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